

Somerset Council on Alcoholism & Drug Dependency, Inc.



RESOURCE GUIDE

TABLE OF CONTENTS

<u>Contents</u>	<u>Page</u>
Introduction	2
Borrower' s Contract	3
Binders	4
Specialized Books	5-6
File Folders	7-10
Books/Manuals/Directories	11 - 17
Pamphlets	18-25
Videos By Title	26-29
Videos By Topic	30-34
Treatment Facilities	35-38

Resource Center

The purpose of our resource center is to provide education and awareness of the nature and extent of problems related to alcohol, tobacco, drugs and other addictions, including how these problems affect individuals, families, and communities, and what resources are available in the county. The resource center maintains a video, pamphlet/brochure, and book loan library which covers various topics such as: substance abuse in the workplace, AIDS/HIV, family issues, tobacco, intoxicated driving, and other related topics pertaining to addiction, mental health, and wellness. This facility is useful for individual research and information, as well as county-based organizations requesting quantities of materials for distribution. Regardless of purpose of inquiry, the use of the Somerset Council Resource Center allows for an easy and convenient research experience for all!

There is typically a limit of 15 of each item on orders from our resource center. If your needs exceed this limit, we can make a special order which usually takes about 4 to 6 weeks. Unfortunately, our budget does not allow for us to freely distribute all pamphlets, but we would be happy to help you obtain these materials for the list price. For any pamphlets, which are not highlighted in this guide, the Council will require a fee ranging from .50 to .95 per item, depending on the price we are required to pay.

If you need quantities of materials, please come to the Somerset Council office at 34 West Main Street, Suite 307, in Somerville to make arrangements or call (908) 722-4900. If you need only a small amount of information, it can easily be mailed to you.

Copies of books and videos are more limited, but these materials are still available to the public on a loan basis. Videos may be borrowed for one week and books may be borrowed for two weeks. To borrow a book or video, please come to the Somerset Council and complete a *borrower's contract* (a copy of this form is included on page 3). If you are interested in owning a copy of a book or video that is highlighted in bold print in this guide, we may be able to order one for you free of charge (allow 4 to 6 weeks) or advise you on how to obtain a copy. If you are unsure of the necessary procedures for obtaining the materials you need, or if you have special needs or concerns, please call the Somerset Council at (908) 722-4900.

This *Resource Guide* includes all of the materials available in our resource center as of September 1997. We are continuously adding new materials to our collection, so if there is any topic or specific title of interest that is not included in this guide, please call the Somerset Council at (908) 722-4900.

Binders

The Somerset Council has a collection of binders located on the top of bookcase #4. These binders cover various topic areas as follows:

1. AIDS
 - Prevention Guides
 - Identification and Initial Management of HIV Infected Infants/Children in NJ
 - Identification and Initial Management of Asymptomatic HIV Infected Persons in NJ.
2. Assessments and Treatment of Patients with Coexisting Mental Illness and Alcohol and Other Drug Use
3. Be Apart of the Solution: Lunch 'N' Learn Series
4. Children Are People
5. Child Abuse
 - A Professionals Guide to Identification, Reporting, Investigation and Treatment
6. How to Develop a Women's Alcohol Awareness Program
7. Lobbying
 - Laws and Information
8. Newspaper Articles
 - Up to date articles on various topics
9. PREVline
 - The prevention connection
10. Rainbows for Children (2)
11. Tuberculosis

Specialized Books

These books cover a variety of specialized topics, including research-related information. They are produced by the National Institute on Drug Abuse Research (NIDA), the Center for Substance Abuse Prevention (CSAP), Center for Substance Abuse Treatment (CSAT) and the Office for Substance Abuse Prevention (OSAP).

CSAP Books:

- A Hispanic/Latino Family Approach to Substance Abuse Prevention.
- The Second National Conference on Preventing and Treating Alcohol and Other Drug Abuse, HIV Infection, and AIDS in Black Communities.
- Urine Specimen Collection Handbook for Federal Workplace Drug Testing Programs.

CSAT Books:

- Alcohol and Other Drug Screening of Hospitalized Trauma Patients.
- Approval and Monitoring of Narcotic Treatment Programs; A Guide on the Roles of Federal and State Agencies.
- Assessment and Treatment of Cocaine Abusing Methadone Maintained Patients.
- Assessment and Treatment of Patients with Coexisting Mental Illness and Alcohol and Other Drug Abuse.
- Combining Substance Abuse Treatment with Intermediate Sanctions for Adults in the Criminal Justice System.
- Confidentiality of Patient Records for Alcohol and Other Drug Treatment.
- Counselor's manual for Relapse Prevention With Chemically Dependent Criminal Offenders.
- Detoxification from Alcohol and Other Drugs.
- Developing State Outcomes Monitoring Systems for Alcohol and Other Drug Abuse Treatment.
- Funding Resource Guide for Substance Abuse Programs.
- Guidelines for the Treatment of Alcohol and Other Drug Abusing Adolescents.
- Improving Treatment for Alcohol and Other Drug Abuse.
- LAAM in the Treatment of Opiate Addiction.
- Matching Treatment to Patient Needs in Opioid Substitution Therapy.
- Planning for Alcohol and Other Drug Abuse Treatment for Adults in the Criminal Justice System.
- Pregnant, Substance Using Women.
- Purchasing Managed Care Services for Alcohol and Other Drug Treatment.
- Rural Issues in Alcohol and Other Drug Abuse Treatment.
- Screening and Assessment for Alcohol and Other Drug Abuse Among Adults in the Criminal System.
- Screening and Assessment of Alcohol and Other Drug Abusing Adolescents.
- Screening for Infectious Diseases Among Substance Abusers.
- Simple Screening Instruments for Outreach for Alcohol and Other Drug Abuse and Infectious Diseases.
- Siting Drug and Alcohol Treatment Programs.
- State Methadone Treatment Guidelines.
- The Role and Current Status of Patient Placement Criteria in the Treatment of Substance Use Disorder.
- Treatment Drug Courts: Integrating Substance Abuse Treatment with Legal Case

Processing.

- Treatment for HIV Infected Alcohol and Other Drug Abusers. -Treatment of Opiate Addiction with Methadone.

NIDA Books:

- Buprenorphine: An Alternative Treatment for Opioid Dependence.
- Context of HIV Risk Among Drug Users and Their Sexual Partners. Current Research on the Consequences of Maternal Drug Use.
- Drug Abuse Among Minority Youth: Methodological Issues and Recent Research Advances.
- Drug Abuse Prevention Intervention Research: Methodological Issues.
- Drugs and Violence: Causes, Correlates and Consequences.
- Hallucinogens: An Update.
- Imaging Techniques in Medication Development: Preclinical and Clinical Aspects.
- Integrating Behavioral Therapies with Medications in the Treatment of Drug Dependency.
- Longitudinal Studies of HIV Infection in Intravenous drug Users.
- Problems of Drug Dependence.
- Progress and Issues in Case Management.
- Scientific Methods for Prevention Intervention Research.
- Therapeutic Community: Advances in Research Application.

OSAP Books:

- A Promising Future: Alcohol and Other Drug Problem Prevention Services Improvement.
- Crack Cocaine: A Challenge for Prevention.
- Communicating About Alcohol and Other Drugs: Strategies for Reaching Populations at Risk.
- Ecology of Alcohol and Other Drug Use: Helping Black High Risk Youth.
- Preventing Adolescent Drug Use: From Theory to Practice. -Prevention of Mental Disorders, Alcohol and Other Drug Use in Children and Adolescents.
- Stopping Alcohol and Other Drug Use Before It Starts: The Future of Prevention.
- Youth and Drugs: Society's Mixed Messages.

File Folders

In addition to books, videos, and pamphlets, the Somerset Council's resource center also contains articles, fact sheets, and other types of information; each filed in its' appropriate folder. Although the specific information contained in each folder is too numerous to detail in a list, we can provide you with the folder topics and headings included in our files. These can be found in a file cabinet in the resource center.

Topic: AIDS

Folder Headings

- AIDS and Drug Use
- AIDS Educational Information
- AIDS (SIDA) Information in Espanol

Topic: Alcohol

Folder Headings:

- A.A.--Information en Espanol
- Adolescents and Alcohol/Drugs
- Adult Children of Alcoholics
- Advertising and Alcohol
- Alcohol
- Alcohol Abuse
- Alcohol and Cancer
- Alcohol and Drug use in NJ
- Alcohol/Drugs in the Workplace
- Alcohol Facts and Statistics
- Alcohol and Health
- Alcohol and Hormones
- Alcohol and Liver
- Alcohol Legislation
- Alcohol and Minorities
- Alcohol Research & Health Policy
- Alcohol Taxes
- Alcohol and Tolerance
- Alcohol Warning Labels
- Alcohol with Medications
- Alcoholism & Co-occurring Disorders
- Alcoholism--Definition
- Alcoholism and Families
- Alcoholism--General Information
- Alcoholism--Genetic Predisposition
- Alcoholism--Prevention and Treatment
- Animal Models in Alcohol Research
- Assessment of Addiction
- Black Population & Alcohol/Drugs
- Children and Alcohol/Drugs
- Children of Alcoholics
- College Students
- Crime and Alcohol/Drugs

- Disabled Population & Alcohol/Drugs
- Drinking Habits, Access, Attitude and Knowledge: National Survey
- Economic Cost
- Elderly Population & Alcohol/Drugs
- Intervention
- Hispanic Population & Alcohol/Drugs
- Methadone Maintenance & Pts with Alcoholism Treatment
- Moderate Drinking
- NCADD Publications
- Special Populations & Alcohol/Drugs
- Substance Abuse Treatments
- Treatment Outcome Research-
- Underage Drinking
- Women & Alcohol/Drugs
- ** Miscellaneous Sheets

Topic: **Caffeine**

Folder Headings

- Caffeine

Topic: **Disabilities**

Folder Headings

- Disabilities

Topic: **Drug Use**

Folder Headings:

- Amphetamines & Barbiturates
- Avoiding Trouble: How to Say No to Drugs
- Cocaine Abuse
- Cocaine/Crack
- Designer Drugs
- Drugs
- General Information
- Drugs-Information en Espanol
- Ecstasy/GHB
- Facts About Teenagers & Drug Abuse
- Hallucinogens
- Heroin
- Inhalants
- Marijuana
- Methamphetamine
- Rohyphnol- "Rophies"
- Steroids
- Substance Abuse Among Blacks in the USA
- Substance Abuse Among Hispanics
- "War Against Drugs"/Bush Administration

Topic: **Elderly**

Folder Headings:

- Elderly

Topic: **Gambling**

Folder Headings:

- Adolescent Gambling
- Compulsive Gambling

Topic: **Gay and Lesbian Issues**

Folder Headings:

- Gay and Lesbian Issues

Topic: **Family Issues**

Folder Headings:

- Alcohol/Drugs and Pregnancy
- Alcoholism & the Family
- Child Abuse & Neglect
- Domestic Violence
- Fetal Alcohol Syndrome
- Marriage
- Parenting
- Premarital Sex
- Teaching family Living and Human Sexuality
- WIC Program

Topic: **Laws**

Folder Headings:

- Law Information
- Law
- Recent Marijuana Laws: California & Arizona

Topic: **Mental Health**

Folder Headings:

- Anger
- Anxiety and Obsessive
- Compulsive Disorders
- Bereavement
- Childhood Phobias
- Depression
- Eating Disorders
- History
- Multiple Personality
- Panic Disorders
- Premenstrual Syndrome
- Psychological Recovery
- Schizophrenia
- Shame and Guilt
- Wellness

Topic: **Prevention**

Folder Headings:

- Frequently Asked Questions About Preventing ATOD Problems
- Prevention Works: Fact Sheet

- Prevention Resource Centers
- School Based Prevention
- Signs of Effectiveness

Topic: **Program Development**

Folder Headings:

- A Discussion Guide can Enhance Your Presentations
- Communications Programs Can Help to Prevent Alcohol and Other Drug Problems
- Pre-testing is Essential: You Can Choose From Various Methods
- Reaching Hispanic & Latinos Audiences Require Cultural Sensitivity
- You Can Avoid Common Errors as You Develop Prevention Materials
- You Can Prepare Easy to Read materials

Topic: **Nutrition**

Folder Headings:

- Nutrition

Topic: **Sex Information**

Folder Headings:

- Sex Information

Topic: **Smoking/Cancer**

Folder Headings:

- Cigarette Smoking
- Nicotine Anonymous Information
- "The Nicotine Challenger"
- Smoking/Cancer Information en Espanol
- Smoking and Related Cancer Information
- Tobacco Facts

Topic: **Stress**

Folder Headings:

- Stress and Coping Skills

Topic: **Sexually Transmitted Diseases & Sexual Problems**

Folder Headings:

- Rape & Sexual Abuse
- Sexually Transmitted Diseases

Topic: **Tuberculosis**

Folder Headings:

- Tuberculosis

Topic: **Violence**

Folder Headings:

- In the Workplace

Books/Manuals/Directories

The books are broken into categories. Please be sure to check all possible categories for the information you are seeking. The category "Prevention" has materials that cover many issues and problems. Please check this category for materials.

The following are located on top of bookcase 5:

National Statistics: (Color Code: Red)

Annual Emergency Room Data - 1992

Annual Medical Examiner Data -1992

Cancer Facts & Figures- 1996

Diagnosis and Severity of Drug Abuse and Drug Dependence- 1995

Driving After Drug or Alcohol Use: Findings from the 1996 National Household Survey SAMHSA

Drug Abuse Warning Network Annual Medical Examiner Data 1998

Drug Abuse Warning Network Annual Emergence Dept. Data SAMHSA 1997

Drug Use Among American High School Seniors, College Students & Young Adults- 1975-90

Forecasting the Cost of Chemical Dependency Treatment Under Managed Care SAMHSA

Juvenile Offenders and Victims: A National Report

National Admissions to Substance Abuse Treatment Services: The Treatment Episode Data Set
SAMHSA 1992-1996

National Commission on Drug-Free Schools

National Directory of Drug Abuse and Alcoholism Treatment Programs 1998

National Household Survey on Drug Abuse: Population Estimates- 1993, 1994 & 1995

National Household Survey in Drug Abuse: Population Estimated 1997 & 1998

National Household Survey in Drug Abuse-Summary of Findings 1998

National Survey Results on Drug Use from the Monitoring the Future Study- 1975-93

National Survey Results on Drug Use from the Monitoring the Future Study- 1975-98

Vol II, College Students & Young Adults

National Survey Results on Drug Use from the Monitoring the Future Study- 1975-98

Vol I, Secondary School Students

National Survey Results on Drug Abuse-Main Findings 1997 & 1998

NIDA Press Briefing -1994

Overview of the National Drug and Alcoholism Treatment Unit Survey (NDATUS): 1980-92

Preliminary Emergency Dept. Data from the Drug Abuse Warning Network SAMHSA/OAS 1998
(mid-year)

Preliminary Results from the 1997 National Household Survey on Drug Abuse

Race/Ethnicity, Socioeconomic Status, and Drug Abuse -NtlSDA-1991

Relationship Between Family Structure and Adolescent Substance Use SAMHSA –1996

Services Research Outcomes Study SAMHSA

Substance Abuse Among Women and Parents- July 1994

Substance Abuse and Mental Health Statistics Sourcebook SAMHSA 1995

Substance Abuse in States and Metropolitan Areas: Model Based Estimates from the 1991-93

Uniform Facility Data Set (UFDS) Data for 1995 and 1980-1995

Uniform Facility Data Set (UFDS) 1997

Uniform Facility Data Set (UFDS) Survey of Correctional Facilities 1997 [3 copies]

Weekly Reader: National Survey on Drugs, Alcohol and Tobacco- 1995

Welfare Reform and Substance Abuse Treatment Confidentiality: General Guidance for
Reconciling Need to Know and Privacy

Workers Drug use and Workplace Policies and programs: Results from the 1994 & 1997 NHHSDA

New Jersey Statistics: (Color Code: Green)

Ala-call Statistical Report- 1995
Alcohol and Drug Abuse Data System Instruction Manual
Alcohol and Drug Abuse System Report- Annual Statistical Perspective- 1992
Alcohol & Drug Treatment Needs in NJ- Estimated by County & Drug Type- 1993
Central NJ Maternal & Child Health Consortium, Inc.: Annual Report 1995 & 1996
Children at Risk 1993 & 1994
Comprehensive Statewide Alcoholism and Drug Abuse Master Plan III- 1994
Comprehensive Statewide Master Plan for Alc., Tobacco & Other Drug Abuse Status Report 1998
Comprehensive Statewide Master Plan: Strategic Plan 1999
Crime in NJ 1994
Drug and Alcohol Use Among NJ High School Students 1993 & 1996
Executive Summary of the NJ Family Preservation and Support Services Plan -1995
Health NJ 2000: A Public Health Agenda for 1990's
Kids Count 1995 & 1996
Kids Count 1998
Making a Difference
NJ Communities That Care: Substance Abuse Prevention & Treatment Planning
Resource Guide: A Chart book of County Social & Health Indicators -1996
NJ Communities That Care: Substance Abuse Prevention & Treatment Planning
Resource Guide: Municipal Profiles of Social & Health Indicators
NJ Comprehensive Statewide Master Plan for Alcoholism, Tobacco and
Other Drug Abuse 1996
NJ Drug and Alcohol Abuse Treatment: Annual Statistical Perspective- 1993 & 1995
NJ Drug and Alcohol Abuse Treatment- 1993
NJ HIV Prevention Community Planning Group- 1994
NJ Family Development Program 1995
NJ Middle School Survey on Substance Use - October 1996
NJ Municipal Alliance Program Highlights- 1996
Substance Abuse Treatment Needs Assessment Survey of Households in NJ (93) Main Findings

Somerset County Statistics: (Color Code: Blue)

Borough of Watchung (Statistics)
Can Do- On Site Campaign Analysis Report - United Way - 1995
Compass 94: A Challenge to Action and Service: Needs Assessment & Action Plan for SC
SC Annual Alliance Plan - 1993
SC Annual Municipal Alliance Plan- Dept. of Human Services 1995
SC Comprehensive Alcoholism & Drug Abuse Services - Priorities for Treatment -1997 SC
Comprehensive Alcoholism and Drug Abuse Service Plan - 1994 & 1995
SC Countywide Comprehensive & comparative Prevention Needs & Resource Assessment
SC Mental Health Board: Plan for Children and Adolescents 1992-97
SC Parents Handbook
SC Substance Abuse Overview

Addictions: (Color Code: Navy Blue)

Addictions
Addictive Organization

Addictive Personality
A Handbook on Drug and Alcohol Abuse, The Biomedical Aspects
Etiologic Aspects of Alcohol and Drug Abuse
Positive Addiction
Magnificent Addiction
Journal of Addictive Diseases

Shelf #1:

AIDS: (Color Code: Pink)

AIDS Etiology Diagnosis Treatment and Prevention
AIDS the Drug and Alcohol Connection
An in-depth look at the HIV/AIDS Epidemiological Data in NJ - 1997
Catalog of HIB and AIDS Education and Prevention Materials
Directory of HIV/AIDS Resources
Educational Materials on HIV/AIDS and STD's
Glossary of HIV/AIDS Related Terms
HIV/AIDS and Older Americans
HIV/AIDS and Women- 1997
HIV/AIDS and Women Who Have Sex with Women
HIV Surveillance Program: NJ Cities with 50 or more cumulative AIDS cases
Locating Basic Resources on H/V/AIDS Statistics
Locating Basic Resources on Women and H/V/AIDS
Prevention Pipeline: H/V/AIDS- its Impact on the Mental and Addictive Disorders Field
Report on Lesbian H/V Issues Meeting- 1995
Youth & HIV/AIDS: An American Agenda- 1996

Alcohol/Alcoholism/AA: (Color Code: Orange)

About Alcohol and Other Drugs
Advances in Alcohol & Substance Abuse
Alcohol and Health- 1990
Alcoholics Anonymous
Alcoholism- The Biochemical Connection: A Breakthrough Seven-Week Self-Treatment Program
As Bill Sees It: AA Way of Life
Came to believe...
Checklist for Monitoring Alcohol and Other Drug Confidentiality Compliance
Children of Alcoholics
Cornerstones: A Journal with Inspirations from the Twelve Step Spoken Tradition
Cultural Competence for Evaluators: A Guide for Alcohol and Other Drug Abuse
Prevention Practitioners Working With Ethnic/Racial Communities
Cultural Competence Series: Preventing Alcohol Related Problems in Ethnic Communities
Courage to Change: Personal Conversations About Alcoholism With Dennis Wholey
Current in Alcoholism, Recent Advances in Research and Treatment, Volume VII
Current in Alcoholism, Recent Advances in Research and Treatment, Volume VIII
Day By Day
Each Day a New Beginning
Keep It Simple
Letters to Elderly Alcoholics
Living Sober
"My Dad Loves Me, My Dad Has A Disease"

Night Light
The Little Red Book
The Natural History of Alcoholism
Physicians Guide to Helping Patients with Alcohol Problems
Power for Living
Recent Development sin Alcoholism: Volume 10: Alcohol and Cocaine
Reflecting Pond
Revolutionary Alternative for Overcoming Alcohol and Drug Dependence
Tackling Alcohol Problems on Campus: Tools for Media Advocacy
Things my Sponsors Taught me
Twelve Steps to Happiness
Twelve Steps and Twelve Traditions Twenty Four Hours a Day
Understanding the Twelve Steps
Women and Alcohol Use: A Review of the Research Literature
Youth and Alcohol: Selected Reports to the Surgeon General

Directories: (Color Code: Yellow)

Accessibility Features of Addiction Services -1995 Statewide Resource Directory Adolescent
Fathers- Directory of Services
CSAP's Radar Network Summer/Fall Directory 1997
CSAP's Radar Network Summer/Fall Directory 1999
Directory of Alcoholism and Drug Abuse Treatment Facilities 1995
National Clearinghouse for Alcohol and Drug Information – Publications Catalog, summer 1997
National Directory of Alcoholism & Drug Abuse Treatment Programs 1998
Guide to US Department of Education Programs
Directory of Addiction Treatment Services for Women
Maternal and Child Health- Resource Directory
National Directory of Drug Abuse and Alcoholism Treatment
and Prevention Programs Treatment Directory 1992
Therapy Manual for Drug Addiction: Manual 3, An Individual Drug Counseling Approach to Treat
Cocaine Addiction

Shelf #2

Drugs: (Color Code: Green/Red)

Clinical Manual of Chemical Dependence
Cocaine
Cocaine Addiction
Cocaine: a Clinician's Handbook
Drug Procurement Practices of the Out-of-Treatment Chronic Drug Abuser
Epidemiological Trends in Drug Abuse – June 1999 Vol. II (2)
Facts About Cocaine/Crack (2)
Heroin, Other Opiates, and the Immune Function
Narcotics Anonymous
Need, Demand and Problem Assessment for Substance Abuse Services
Protecting Children in Substance-Abusing Families- User Manual Series (2)
Psychotropic Drugs
Substance Abuse: Early Intervention for Adolescents
Substance Abuse: Key Indicators for Policy

Impaired Driving: (Color Code: Green/Pink)

Alcohol, Drugs and Driving (Volumes 6 through 11)

Driving After Drug or Alcohol Use: Findings from the National Household Survey on Drug Abuse
Impaired Driving Among Youth: Trends and Tools for Prevention

Surgeon Generals Workshop on Drunk Driving

Mental Health: (Color Code: Purple)

The Biology of Depression

Choice

Chronic Fatigue Syndrome

Clinical Aspects of Panic Disorder

DSM-11 R

Dual Diagnosis in Substance Abuse

Lighting Up Your Blues: Understanding & Overcoming Seasonal Affective Disorder

Manual of Clinical Psychopharmacology

Neuropeptides and Psychiatric Disorders

Obsessive Compulsive Disorders

Panic Disorder in the Medical Setting

Pharmacoethempy of Depression

Phobia-Psychological & Pharmacological Treatment

Post Traumatic Stress Disorder in Children

Psychophysiological Disorders

Presentations of Depression

Psychiatric Clinic

Understanding Panic Disorder

When Society Becomes an Addict

Pregnancy & Drugs: (Color Code: Black)

Alcohol and Birth Defects: The Fetal Alcohol Syndrome and Related Disorders

Alcohol, Tobacco, and Other Drugs May Harm the Unborn

Drug Abuse and Drug Exposed Children: Understanding the Problem (2)

Maternal Drug Abuse and Drug Exposed Children: A Compendium of HHS Activities (2) Maternal
Postpartum Survival Guide

Pregnancy and Exposure to Alcohol and Other Drug Use: CSAP Technical Report (2)

This Isn't What I Expected-Overcoming Postpartum Depression

Prevention: (Color Code: White) (Shelf 2 &3)

African Centered Model of Prevention for African American Youth at High Risk

Alcohol and Other Drug Abuse Prevention: National Structured Evaluation

Activities and Alternative Programs in Youth-Oriented Prevention- CSAP Technical Report 13

An Action Plan to Reduce Teen Alcohol, Drug and Tobacco Use- 1997 & 1996

Art Works! Prevention Programs for Youth and Communities

Breaking New Ground for Youth at Risk: Program Summaries: OSAP Technical Report 1 (2)

Challenge Magazines (Prevention Activities & Information on Variety of Topics)

Catalog of HIV and AIDS Education and Prevention Materials

Changes and Challenges: Building Our Children' s Future: Prevention of Mental Retardation &

Developmental Disabilities

Changing Lives: Programs that Make a Difference for Youth at High Risk
Community Framework for Preventing Alcohol and Other Drug Problem Through a Systems Approach
Community Partnership Program Center for Substance Abuse Prevention: Journal of Community Psychology (2)
Community Readiness for Drug Abuse Prevention: Issues, Tips and Tools - NIDA
Cost Benefit Issues in Programs for Prevention of Alcohol and Other Drug Abuse
Developing the Resilient Child: Prevention Manual
Directory of Alcohol, Tobacco, and Other Drugs: Prevention Services- 1997
Drug Abuse Prevention: What Works - NIDA
Drug Free Prevention, Inhalants, Law Related Prevention, Spit Tobacco
Drug Prevention Curricula: A guide to Selection and Implementation
Evaluating HIV/AIDS Prevention Programs in Community-Based Organizations
Family Medicine Curriculum Guide to Substance Abuse
Guide for Implementing Perinatal Addiction and Prevention and Treatment Programs
Guide to the New Medicines of the Mind
HIV/AIDS Prevention Program Inventory for Somerset, Hunterdon, Mercer and Middlesex
HIV Prevention Approaches for Alcohol and Drug Use among Men Who Have Sex With Men – Northwest Regional Workshop 1997
Impaired Driving Among Youth: Trends and Tools for Prevention
Learning About the Effects of Alcohol and other Drug Abuse Prevention: Progress Report
Learning to Live drug Free: A curriculum Model for Prevention
Making Prevention Work- SAMHSA (2)
Measuring and Improving Cost, Cost-Effectiveness and Cost-Benefit for Substance Abuse Treatment Programs NIDA
Measurements in Prevention: CSAP Technical Report 8
Parent Training is Prevention: Preventing Alcohol and Other Drug Problems Among Youth in The Family (3)
Part of the Solution: Creative Alternatives for Youth
Preventing Tobacco Use Among Young People: Report of the Surgeon General
Prevention Material Available in Spanish
Prevention Pipeline
Prevention Plus III: A Four-Step Guide to Useful Program Assessment
Prevention Primer- Encyclopedia of Alcohol, Tobacco and other Drug Prevention Terms
Prevention Strategies Based on Individual Risk Factors for Alcohol and Other Drug Abuse
Prevention Tips (Copies available for keeps)
Relapse Prevention: Clinical Report Series
Relapse Prevention and Substance Abusing Criminal Offender (3) Review of Alternative
Signs of Effectiveness: In Preventing Alcohol and Other Drug Problems Radar Network Center
Signs of Effectiveness II: Preventing Alcohol, Tobacco, and Other Drug Use: A Risk Factor Resiliency-Based Approach
Strategies for Preventing Alcohol and Other Drug Problems: Faculty Members Handbook
Training Curriculum and Reference Guide
Understanding Evaluation: The Way to Better Prevention Programs (2)
Women and Alcohol Problems: Tools for Prevention
Working with Youth in High-Risk Environments: Experiences in Prevention

Shelf #3

Recovery: (Color Code: Green/Blue)

Afire with Serenity
Creating Health-How to wake up the body's intelligence
Foods that Cause you to Loose Weight
Healing Connections: Sharing the Recovery Journey
Hooked on Exercise-How to Understand and Manage Exercise Addiction
I'm Black, I'm Sober: Ministers Daughter Tells Her Story About Fighting Alcoholism
Journey Notes: Writing for Recovery and Spiritual Growth
Recovery Training and Self-Help: Relapse Prevention and Aftercare for Drug Addicts
Relax, Recover- Stress Management for Recovering People
Repair and Renewal-Journey through the Mind and Body
Software for the Mind
Stage II Recovery: Life Beyond Addiction
Staying Sober: A Guide for Relapse Prevention
Stepping Stones to Recovery
Subliminal Affirmations for Recovering Drug Addicts (Sound Recovery)

Smoking: (Color Code: Pink/Black)

Bibliography on Smoking and Health- 1991
Finding Solutions to Tobacco Problems in NJ-1993 (2)
Kids Say: Don't Smoke: Posters from the Smoke-Free Ad Contest (2)
Nurses: Help Your Patients Stop Smoking
Pathways to Freedom: Winning the Fight Against Tobacco
Smoking Cessation Courses for Voluntary Organizations- Resource Directory
Spit Tobacco & Youth: Additional Analysis 12/92 & 6/93
Tobacco and Youth: A Resource Guide for Educators (2)

Treatment: (Color Code: Green/Yellow)

A Different Kind of Healing
I'll Quit Tomorrow: A Practical Guide to Alcoholism Treatment
LAAM in the Treatment of Opiate Addiction
Treating the Chemically Dependent and Their Families
Anxiety and it's Treatment
Post Traumatic Stress Disorder-Diagnosis, Treatment & Legal Issues
The First Session in Brief Therapy
Working with Adult Incest Survivors
Ethical Issues in Sex Therapy and Research
Substance Abuse Treatment for Persons With Child Abuse and Neglect Issues

Shelf #4

Workplace & Drugs: (Color Code: Green/Red)

Employee Wellness: Trend or Strategy
Evaluating Employee Assistance Programs
Hiring, Testing, Supervising and Terminating Employees in Safety-Sensitive Positions (3)
Recovery at Work: Clean and Sober Career Guide
What Works: Workplaces Without Alcohol and Other Drugs (2)
Working Partners: Confronting Substance Abuse in Small Business (2)

Various Titled Books in Alphabetical Order (No Color Codes)

As Bread that is Broken
Barriers to Intimacy
Cancer Rates and Risks
Clap your Hands
Complete Guide to Hypnosis, The
Coronary Heart Disease, Exercise Testing and Cardiac Rehabilitation
Emotions Anonymous
The Enchanted Loom: Mind in the Universe
Exploring the Road Less Traveled
Feeling Good
Filthy Rich and Other Nonprofit Fantasies
Geriatric Psychopharmacology
Healing Nutrients Within
Healing the Child Within
Human Brain, The
Holding Back
How to Get Through Your Struggles
Hypnosis and Psychosomatic Medicine
I'm OK- You're OK
Kingdom of Self
Letting Go of Shame
Living Through Personal Crisis
Living With Pain
Looking For Love in All the Wrong Places
Marriage is for Loving
Mind Matters
My Ego, My Higher Power, and I
Natural Healing & Nutrition
Old Patterns, New Truths
Patterns of the Hypnotic Techniques of Milton H. Erickson, MD
Path of Least Resistance
Personhood-The art of Being Fully Human
Reviving Aphelia
Robert's Rules of Order
Save the Males
Search for Serenity
Sex: If I Didn't Laugh I'd Cry
Sex Profession, The
Shame Faced
Self Discovery in Recovery
Self Esteem
The God I Don't Believe In
Transformers-Personal Transformation: The Way Through
TRANCE-formations
Stress of Life
Webster's New Collegiate Dictionary
Wellness Book
Winning the Weight and Wellness Game

Pamphlets

Our collection of pamphlets is distributed among bookcases 1-4 in our resource center. They are arranged by subject. Although titles are listed here alphabetically, they are not necessarily arranged that way on the shelves. Materials are easily located, however, by our system of numbered bookcases and shelves.

Topic: **AIDS & HIV Information**

Location:

Bookcase #4, shelves 2 & 3

Titles:

- The Adventures of Bleachman
- AIDS and the Law in New Jersey
- AIDS Care giving: Lessons for the Second Decade (2 audio cassettes)
- AIDS...What We Need to Know

- AIDS...Women Get it, Too'
- Anyone Can Get AIDS
- Drug Abuse and AIDS Prevention: Radio Public Service Announcements (1 audio cassette)
- Drugs and AIDS
- HIV and Your Child (Consumer Guide)
- HIV Testing and You
- How Getting High Can Get You AIDS
- How Not to Get High, Get Stupid, Get AIDS: A Guide to Partying
- How to Use a Condom (Rubber)
- Lets Talk About HIV
- Managing Early HIV Infection
- My Brother
- *Mi Hermano
- Recommendations of the US Public Health Service Task Force on Use of Zidovudine to Reduce Perinatal Transmission of HIV
- Reducing the Risk for HIV: Alcohol and Drug Use Can Place You at High Risk
- Should You be Tested for HIV?
- *Sobre el AIDS y el Inyectarse Drogas
- STD/VD: Questions & Answers
- TIPS for Teens about AIDS
- Understanding HIV
- Voluntary Counseling and Testing: Facts, Issues, and Answers
- What Everyone Should Know About AIDS
- *Lo Que Todos Deben Saber Sobre el SIDA
- What Young People Should Know About AIDS
- *Lo Que La Gente Joven Deberia Saber Sobre el SIDA
- Work Place HIV/AIDS Policy and Planning Guide
- You Don't Have to be White or Gay to Get AIDS
- Young People Get AIDS
- *La Gente Joven Contrare el SIDA
- You, Your Baby and AIDS
- Your Guide to Care and Treatment of HIV/AIDS

Topic: Alcohol/Drug Use During Pregnancy/Women & Drugs

Location: *Bookcase #3, shelf 5*

Titles:

- A letter to an Alcoholic Women (AA)
- A Pregnant Woman never Drinks Alone
- *Una Mujer Embarazada Nuca Toa Sola
- About Good Health
- About Pregnancy and Drugs
- About Smoking and Pregnancy
- About Women and Alcohol
- Cocaine and Pregnancy
- Drugs and Pregnancy
- Eating Disorders and the Alcoholic Woman (cassette)
- Fetal Alcohol Effects
- Fetal Alcohol Syndrome--Alcohol Use During Your Pregnancy
- Health Services and Information for Women of Somerset County

- How to Take care of Your Baby Before Birth
- Is Your Baby Smoking?
- *Esta Fumando Subebe?
- Pregnant; Don't Smoke
- Regarding Women and Health Care
- Sex and Recovery (Women)
- Will My Drinking Hurt My Baby?
- Why Start Life Under a Cloud?
- Women, Alcohol and Drugs
- Women and Drug Abuse: You and Your Community Can Help

Topic: Alcohol/Drug Use in the Workplace

Location: *Bookcase #4, shelves 1*

Titles:

- About Employee Assistance Programs
- About Employee Drug Testing
- About Substance Abuse at Work
- Alcohol, Tobacco, and Other Drug Resource Guide: Prevention in the Workplace
- Alcoholism: Job Safety & Performance
- Can You Spare 3 Hours for a Drug-Free Workplace?
- Comprehensive Procedures for Drug Testing in the Workplace
- Creating an Alcohol-Free Workplace
- Creating a Cocaine-Free Workplace
- Creating a Drug-Free Workplace
- Drug and Alcohol Testing
- Drug Free Workplace; Your Rights and Responsibilities
- EAP: A Supervisor's View - EAP for Businesses
- Employee Benefit and Employment Relations Services
- Employee Assistance Programs: A Resource Book for Small Employers (20 Questions and Answers About EAP's)
- Employee Drug Screening: Q & A
- How drug Abuse Takes Profit Out of Business
- Is that Troubled Employee Still Troubling You? A Strategy for Supervisors
- Making Your Workplace Drug Free: A Kit for Employers
- OASP Prevention Resource Guide: Employee Assistance Programs
- Somerset Council Employee Assistance Program: Increase Productivity, Reduce Turnover, and Improve Morale
- What Everyone Should Know About Job Stress
- Workers at Risk: Drugs and Alcohol on the Job
- Working Partners; Substance Abuse in the Workplace

Topic: AA (English & Spanish)/Other Spanish Materials

Location: *Bookcase #4, shelf 4*

Titles:

- *44 Pregustas
- *AA de un Vistszo
- *AA en la Guia de Telefono
- *AA en las Instituciones Correccionales
- *Carta a Una Mujer Alcoholic

- *Carta un Preso que Pueda Ser un Alcoholico
- *De La Toms de Conciencia a la Accion
- *E1 Dilema Del Matrimonio Con un Alcoholico
- *E1 Miembro de AA Los Medicamentos y otras Drogas
- *Es AA Pars Usted
- *Escuelas Sin Drogas
- *Esto Es AA
- *Jugardones Anonimos - Las Doce Tradiciones - Llegamos a Creer
- *Lo Que le sucedioa Jose y su Problems Con la Bedide
- *Lo Queda Resultado: Ingsres de Trabsjo sin alcohol ni otras drogas
- *Memo to an Inmate Who May be an Alcoholic
- *Problems diferentes del Alcohol
- *Se Crea Usted Diferente
- This is AA
- *Esto Es AA
- *Una Briue Guia a Alcoholicos Anonimos
- *Un Mensaje s Los Jovenes
- *Quien Tiene E1 Poder E1 Alcohol 0 Tu?
- Young People and AA
- *Los Jovenes y AA

Topic: **Alcoholism-General Information**

Location: *Bookcase #1, shelf 1 & 2*

Titles:

- About Alcohol
- About Alcohol, Child Abuse and Child Neglect
- Alcohol and Alcoholism - What it Means to You!
- Alcohol and Health
- About Preventing Teenage Alcohol Use
- About Sex and Alcohol
- Does Your Friend Have an Alcohol or Other Drug Problem? A guide for Teens
- Teen Drinking Prevention Program
- Teen and "Community" Prevention Guides
- Thinking About Drinking
- Tips for Teens About Alcohol
- Traumatic Brain Injury & ATOD
- Young People and Alcohol
- Your Body, Your Life, Your Choice. Chose Wisely. Facts on ATOD

Topic: **Compulsive Gambling**

Location: *Bookcase #2, shelf 7*

Titles:

- Compulsive Gambling
- Council on Compulsive Gambling of New Jersey
- Gambling Problem? There is Help! GA: Gamblers Anonymous
- *Jugadores Anonimos

Topic: **The Disabled Population and Alcohol/Drugs**

Location: Bookcase #3, shelf 5

Titles:

- The New Jersey Library for the Blind and Handicapped
- Understanding a Need: Alcohol and Other Drug Abuse Prevention for People with Disabilities

Topic: Driving Under the Influence

Location: Bookcase #2, shelf 3

Titles:

- A Night We Can't Forget: Teens Talk about Drinking and Driving
- Driving Under the Influence: Laws and Penalties
- How Alcohol and Other Drugs Affect Your Driving Skills
- Keep NJ Roadways safe- Don't Drink and Drive
- New Jersey Laws and Penalties for Drunk Driving
- Our Kids Die Laughing: Stop Drinking and Driving
- Prevent Drunk Driving
- S.O.B.E.R. Slow on the Bottle, Enjoy the Road
- What You Should Know About the Intoxicated Driver Resource Center (IDRC) Program
- What Young Adults Should Know About Alcohol and Driving
- Why You Should Say "NO!" to Alcohol, Other Drugs, and Driving

Topic: Drugs

Location: Bookcase #3, shelves 3 & 4

Titles:

- About Cocaine
- *Sobre La Cocaina
- About "Crack" or "Rock" Cocaine
- About "Crystal Meth" and "Ice"
- About Heroin
- About Inhalants
- About LSD
- About Multiple Substance Abuse
- About Steroids
- Alcohol, Tobacco and Other Drugs
- Drugs and You
- *Las Drogas Y Usted
- Drugs of Abuse
- Drugs, You Use You Lose
- Hallucinogens
- Marijuana Facts For Teens
- NIDA Research Report Series: Anabolic Steroids: A Threat to Body and Mind
- NIDA Research Report Series: Inhalant Abuse
- Opiates: Just Say No
- Quick List: Ten Steps to a Drug Free Future
- Tips For Teens About Crack and Cocaine
- Tips For Teens About Hallucinogens
- Tips For Teens About Inhalants
- Tips For Teens About Marijuana
- What You Should Know About Marijuana

*Lo que Usted debe Sober Sobre la Marihuana
-What You Should Know About PCP

Topic: **The Elderly & Disabled Populations and Alcohol/Drugs**

Location: *Bookcase #3, shelf 5*

Titles:

- About Alcohol Abuse & Older People
- Aging and Alcohol Abuse
- Drugs & Alcohol: A Guide for Older People
- Health Quakery
- HIV, AIDS and Older Adults
- How to Manage Your Medications: Tips for the Elderly
- Substance Abuse and the Elderly (English & Spanish)
- Taking Care: A Medication Management Guide For Older People
- The NJ Library for the Blind and Handicapped Handouts
- Understanding a Need... Alcohol and Other Drug Abuse Prevention for People with Disabilities
- Wellness Initiatives For Senior Educators (WISE) Brochures
- Using Your Medicines Wisely: A Guide for the Elderly

Topic: **Information for Elementary-Aged Children**

Location: *Bookcase #2, Shelf 6*

Titles:

- About AIDS - Coloring and Activities Book
- About Alcohol and Other Drugs: A Coloring & Activities Book (also available in Spanish: "Sobre E1 Alcohol y Otras Drogas: Un Libro de. Actividades Pars Colorear")
- About Self-Esteem: Coloring Book
- Being Me and Drug Free - Learning and Activity Book (also available in Spanish: "Yo Soy Libre de Drogas.")
- Donnie the Dinosaur's Tobacco Trouble Activity Book
- Let's Learn About Alcohol
- Let's Learn About Mixed Messages in the Media
- Let's Learn About Peer Pressure
- Let's Talk About AIDS: An Information & Activities Book
- Let's Talk About Inhalants
- Let's Talk About Marijuana
- Let's Talk About the Risks of Smoking: An Information and Activities Book
- McGruff's Surprise Party - Comic Book
- The Misadventures of Wags and Freckles: A Lesson in the Dangers of Alcohol - Coloring and Activities Book
- My Book About Alcohol
- My Book About Being Smoke Free
- My Book About Drugs

Topic: **Information for Parents/Families**

Location: *Bookcase #3, shelf 1,2 & 3*

Titles:

- A Parent's Guide to Prevention: Growing up Drug-Free
- *Guia de Prevencion para los Padres de Fsmilia: Crecer Libre de Drogas

- About Single Parenting
- Alcohol Problem in the Family?...A Guide For Dealing with Drinking Problems
- Be Smart Don't Start: Prevention Bookmark for Parents
- Bottled up Problems...Can Lead to Child Abuse
- Children of Alcoholics
- Cocaine and the Family
- Domestic Violence: The Law and You
- *Volencia Domestica: La Ley Y Ud
- Domestic Violence: The Shameful Facts
- How Can I Tell if my Child is Using Drugs? (list)
- How can I Help My Children? ALANON Family Groups
- How to Raise Drug Free Kids
- Keeping Youth Drug Free: A Guide for Parents, Grandparents, Elders, Mentors and Other Caregivers
- Marijuana: Facts Parents Need to Know
- Parental Awareness & Responsibility: A Case Study of a Program to Prevent and treat Alcohol and Other Drug Problems
- Peer Pressure and Your Child
- Quick List: 10 steps to Help Your Child Say "NO"
- *Guia Practicia: 10 Pasos que ayudaran a sus hijos a decir "No"
- Raising Kids Today
- Somerset County Parents Handbook to Alcohol and Other Drugs
- Teen Parenthood
- Parents Guide to Dealing with Stress
- Raising Kids Today
- Talking to Your Child About Alcohol and Other Drugs
- Understanding Adolescence
- We Have Better Things to do Than Alcohol, Tobacco, & Drugs (list & bookmark available)
- What Everyone Should Know About Family Violence
- What Kids Should Know About Parents and Drinking
- What Parents Should Know About Teen Behavior

Topic: **Laws**

Location: *Bookcase #2, Shelf 4*

Titles:

- Children and Tobacco: A retailers Guide to the New Federal Regulations
- Consumers Guide to NJ Law
- Its the Law
- Legal Consequences of Substance Abuse
- NJ Merchant Education Packet- Tobacco Age of Sale Enforcement Program

Topic: **Magazines for Adolescents**

Location: *Bookcase #2, Shelf 5*

Titles:

- Get the Edge
- If you Change Your Mind (NIDA)
- Jam (The Performance Magazine)
- Surgeon General Report for Kids About Smoking

- Take Pride in What's Inside... The Insiders
- Take Pride in What's Inside...The Marijuana Mystery
- Take Pride in What's Inside...The Tobacco Temptation
- Take Pride in What's Inside...Tony's Sobering Lesson

Topic: Mental Health

Location: *Bookcase #2, shelf 7*

Titles:

- About Anorexia Nervosa
- About Attention Deficit Disorder
- About Bulimia Nervosa
- About Dual Diagnosis
- About Schizophrenia
- What Every Kid Should Know About Coping Skills
- What Everyone Should Know About Anxiety Disorders
- What Everyone Should Know-About Child Sexual Abuse
- What Everyone Should Know About Wellness
- What You Should Know About Self-Esteem

Topic: Other Agencies and Services

Location: *Bookcase #2, shelf 7*

Titles:

- About Addiction
- Answers to Frequently Asked Questions About REVIA (Guide for patients and counselors available)
- Beating a Bad Habit or Addiction
- Choose the Somerset School of Massage Therapy
- NCADD Affiliate Network of New Jersey
- SPAN NJ: 1993 Report on Affiliate Services

- STAR Program (Specialized Treatment for Addictions Recovery)
- STAR Program: Alcohol, Drugs, & Adolescents; Information About the Adolescent Program, A Component of the STAR Program
- Why Should I Get Help

Topic: Prevention

Location: *Bookcase #2, Shelf 1*

Titles:

- Caring Connections: Helping Young People from Troubled Homes
- Children Getting a Head Start Against Drugs: Teachers Guide
- Reaching African American Youth Who Live in High Risk Environments
- What can You Do About Drug Use in America
- *Que Se Puede Hacer Respecto A1 Consumo De Drogas en America

Topic: Smoking & Related Cancer Information

Location: *Bookcase #1, shelves 6 & 7*

Titles:

- Clearing the Air: A Guide to Smoking Cessation
- Decision is Yours
- End The Smoking Affair
- Fact From Fiction: A Health Education Action Packet to Reducing The Influence of Tobacco Advertising on Youth
- Health Effects of Smoking on Children
- Help a Friend Stop Smoking
- How to Stay Quit Over the Holidays
- Huff 'n' Puff
- Laws on Smoking and Tobacco in NJ
- Most Often Asked Questions About Smoking, Tobacco, and Health and...The Answers
- NJ Education Packet- Tobacco Age of Sale Enforcement Program
- Out of the Ashes: Choosing a Method to Quit Smoking
- Protect Your Heart- Don't Smoke
- Quit Smoking Program of the American Cancer Society: Fresh Start (Guide for Training Facilitators also available)
- Quit Smoking. The Lives You Save...Could be Theirs
- Smart Move! A Stop Smoking Guide
- Smoking Facts and Tips for Quitting
- *Datos y Consejos Para Dejar de Fumar (double-sided)
- Smoking is Bad- No Lfs, Ands or Butts
- Still Smoking.. Read This
- *Todavía Fuma? Lea Este Folleto
- Stop the Sale: Prevent the Addiction
- The Truth About Smoking
- What Everyone Should Know About Spit Tobacco
- What Parents Should Know About Teens and Smoking
- What You Should Know About Nicotine
- What's Your Cigarette Smoking I.Q.?
- When Smokers Quit
- Yes, You can Quit Smoking FOR GOOD

Videos By Title

The videos are ordered by topic area (), beginning in Video Cabinet 1, and continuing through to Cabinet 2 in our Resource Center. The videos are listed here by title in alphabetical order. The letters within the parenthesis do not necessarily indicate the appropriate topic area because some cassettes include multiple titles. If you are seeking a particular topic area, please turn to the section labeled "Videos by Topic".

A

- AA- Inside View (RECO)
- Aftermath: A true story about drunk driving (ALCO) (2)
- AIDS, Herpes, & Hepatitis (AIDS)
- AIDS 10/87 (30 min.) (AIDS)
- AIDS: What Do We Tell Children? (23 min.) (AIDS)

Alcohol & Cocaine 7/31/87 (ALCO)
Alcohol, Drugs, Alternatives 3/85 (ALCO)
Alcohol and Human Physiology (COCA)
Alcohol, Pills, & Recovery-Joseph Pursch, M.D. (ALCO)
Alcoholic Blackout: 20/20 with Connie Chung and Jack Ford
Alcoholism & the Physician: Operation Cork (ALCO) (4 parts)
Alcoholism & Drug Addiction (ALCO)
Alcoholism: A Treatable Disease" (23 min) (ALCO)
Assessment (19 min.) * (ASSE)
A Firsthand Lesson in Secondhand Smoke (10 min) (SMOK)

B

B.A.B.E.S Program: "Best Talk in Town" (6 min.) (BABE) (2)
BABESWORLD Productions: (BABE) (1 of each)
- Lesson 2 "She Made Me do it...Didn't She?"
- Lesson 3 "Accepting the Things I Cannot Change and Changing the Things I Can"
- Lesson 4 "Let's Play Party"
- Lesson 5."Retreat is Not Defeat and Failure is not Final"
- Lesson 6 "Wrapping Up"
Body & Mind, Total Relaxation/Stress Release Prg. (90 min) (STRE)
Brink's Place (ALCO)
Broken Toys: The Inner Child -T. Kellogg (VIOL)

C

Children of Denial-Claudia Black (FAMI)
Choices..Drugs and Alcohol.. Life or Death (JAIL)
Circle of Recovery (RECO)
Coach's Final Lesson: about smoking (17:26 min.) (SMOK)
Cocaine: Beyond the Looking Glass 7/15/87 (28:17 min.) (COCA)
Cocaine & Human Physiology (COCA)
Co-Dependency Series: (CODE)
-Healing the Family Within (30 min.)
-Pieces of Silence (56 min.)
Co-Dependency Series: (CODE)
-The Path to Recovery (21 min.)
-The What & Why of Co-Dependency (26 min.)
-Characteristics of Co-Dependents (26 min.)
Common Threads: Stories From the Quilt (79 min.) (AIDS)
Confessions of a Simple Surgeon & 3 Negative Smoking Ads (SMOK)
Confrontation 6/12/84 (ALCO)
Children & Tobacco Rule Implementation (SMOK)

D

Death in the West-Stop Smoking LFL Video (SMOK)
Depression: 20/20 Segment (MH)
Detachment: A Lecture by Father Martin (RECO)
Disease of Alcoholism (RECO)
Downfall: Sports & Drugs (28:35 min.) (DRUG)
Drinking and Driving (ALCO)
Drugs Don't Work in New Jersey 4/94 (DRUG)

Drunk Driving: A Collision Course (18 min.) (REFU)
Drunk Driving Simulator (PREV)
Dual Diagnosis (26 min.) * (MH)
Dynamics of the Chemically Dependent Family-E. (FAMI)
Diary of a Teenage Smoker (25 min) (SMOK)
“Dangerous Game” (6 min) (SMOK)

E

Enablers (20:50 min.) (FAMI)
Everything's Fine ACOA (16 min.) (FAMI)

F

Falling Back: The Dry Drunk Syndrome (ALCO)
Family and Peer Factors (BEBE)
Family Talk About Drinking (FAMI)
Family Sculpturing (28 min.) (FAMI)
Family Trap (30 min.) (FAMI)
Father Martin Ashley Treatment Ctr. (TREA)
Feelings (FMS Productions) (FEEL)
First Day: A Post-Treatment Recovery Program (RECO)
A Firsthand Lesson in Secondhand Smoke (10 min.) (SMOK)
Free to be Me-John Powell, S.J. (FEEL)
From Use to Abuse (ALCO)

G

Guidelines: Father Martin (ALCO)

H

Heavy Load: Addiction to Food (36 min.) (EAT-D)
Hooked from Hollywood the Main Street: Heroin Addiction (HERO)
How to Raise a Drug-Free Child (2 tapes) (DRUG)
How to Sabotage Your Treatment (24 min.) (COCA)
How to Tell if a Kid is on Drugs (15 min) (REFU)

I

If you Change Your Mind (DRUG) (2)
If You Loved Me (54 min.) (FAMI)
Infection Control (AIDS)
Inhalants: An Adult Primer (7:35 min.) (INHA)
Inhalants: The Silent Epidemic * (INHA) Intervention (INTE)
Intervention & Recovery - Joe Pursch, MD (INTE)

J

J.R.'s Story: The Disability of Chemical Dependency (DRUG)
Journey to Long Life (Smoking Cessation Video) (15 min) (SMOK)

K

Kathy's Cable Kids (Episode 4, Plainfield Youth Against Alcohol) (FAM)
Kick Butts Day, Campaign for Tobacco-Free Kids (How to get involved video) (4 min) (SMOK)

L

Life, Death, and Recovery of an Alcoholic (ALCO)
Lookin' Good (52 min.) (DRUG)
Love Your Liver (American Liver Foundation's wellness program for K-3 grade) (PREV)

M

Marijuana & Human Physiology (COCA)
Medical Aspects of a Mind Altering Drugs (30 min) (Alco)
Medical Effects of Alcohol Use (12 min.) (ALCO)
Methadone: Where We Are (33 min.) * (METH)
My Name is Bill W. (ALCO)
*Mi Bebe' Fumando? (21 min) (SMOK)
**Me Muero Por Fumar (30 min) (SMOK)
Moyers on Addiction (Video Teleconference 2/26/98)
"Mr. Butts/Generic" (30 min) (SMOK)

N

NIDA "Self Realization" PSA (AIDS) (2)
No Kinda Life- A message to young people from the inside (JAIL)
NOVA Can you stop someone from drinking? FAS/FAE (ALCO)
NOVA-Drugs with Russia (DRUG)
Nick News-Smoking on the Hush Hush Tip ((PREV)

P

Panic Disorder Patients: Real Experiences (MH)
Peer Pressure: When the Heat is On (29 min) (PEER)
Phobias (Donahue show) (MH)
Phobic Test - Frank Field (MH)
PMS: Take Control Today- NBC News (60 min) (2) (MH)
Portland Meadows-Drug & Alcohol Abuse Program (6 min.) (TREA)
Prevention WORKS! How to Make it Work in Your Community (PREV) (2) Available in Spanish
Partnership for a Drug-Free America, Winter 1997 (27 video PSA's & 5 audio PSA's) (DRUG)

Q

Quit Smoking Today (50 min) (2) (SMOK)

R

Rape is Not an Option (RAPE)
Rational Recovery (3 parts) (RECO)
-Jack Trumpey-Rutgers 5/3/91
-Ron Reagan Show 9/23/91
-Good Morning America 3/30/92

Refusal Skills (15 min) (REFU)
Remotely Science (22 min) (2) (RESE)
Resiliency - Stone Mill Productions (RESI)
Resolving a Painful Past- Oprah Winfrey (RECO)
Right Turns Only (PREV)
Romance to Recovery - J. Pursch, MD (RECO)

S

"6 Innings...The Little League Report-Special Edition: Spit Tobacco" (12 min) (SMOK)
Safety: Disaster Planning (AIDS)
Self Defense for Everyone (end cut) (RAPE)
Stop the Sale; Prevent the Addiction (26 min.) (SMOK)
Straight at Ya* (50 min.) (PREV)
Straight talk with parents & kids about drugs-Peter Jennings (FAMI)
Sweet Lies- Alcohol and Drug Music Video (ALCO)
STAY SMART! DON'T START...Using Alcohol or Other Drugs (PREV)
"Spit it Out" Don't Use Smokeless Tobacco (11 min) (SMOK)

T

Think About It; Be Smart! Don't Start! (13min) (PREV)
Tobacco & Human Physiology (COCA)
Todd's Story-Teen Drugs (20 min) (FAMI)
Treatment Issues for Women (22 min) (TREA)
Truth About Tobacco (REFU)
Twelve Steps (35 min) (ALCO)
Tobacco: Use or Abuse (16 min) (SMOK)

W

Weight Management & Shopping (EAT-D)
What Health Care Professionals and Public Health Officers Must Know About Hepatitis C
What you don't know can harm you: Straight talk with recovering teens (2) (RECO)
A Witch's Brew...Secondhand Smoke in the Workplace (10min) (SMOK)
Without Warning: The Dangers of Alcohol Poisoning & Binge Drinking (15 min) (ALCO)

Y

Yeah...But (ALCO)

Videos By Topic

The videos are listed here by topic and then in alphabetical order. The letters within the parenthesis do not necessarily indicate the appropriate topic area because some cassettes include multiple titles. If you are seeking a particular title area, please turn to the section labeled "Videos by Title".

AIDS (AIDS)

AIDS, Herpes, & Hepatitis (AIDS)
AIDS 10/87 (30 min) (AIDS)
AIDS: What Do We Tell Children? (23 min) (AIDS)
Common Threads: Stories From the Quilt (79 min.) (AIDS)

Infection Control (AIDS)
NIDA "Self Realization" PSA (AIDS) (2)
Safety: Disaster Planning (AIDS)

Alcohol (ALCO)

Aftermath: A true story about drunk driving (ALCO) (2)
Alcohol & Cocaine 7/31/87 (ALCO)
Alcohol, Drugs, Alternatives 3/85 (ALCO)
Alcohol and Human Physiology (COCA)
Alcohol, Pills, & Recovery-Joseph Pursch, M.D- (ALCO)
Alcoholic Blackout: 20/20 with Connie Chung and Jack Ford (ALCO)
Alcoholism & the Physician: Operation Cork (ALCO) (4 parts)
Alcoholism & Drug Addiction (ALCO)
Alcoholism: A Treatable Disease" (23 min) (ALCO)
Assessment (19 min.) , (ASSE)
Brinks Place(ALCO)
Children of Denial- Claudia Black
Choices...Drugs and Alcohol...Life or Death (JAIL)
Confrontation 6/84 (ALCO)
Disease of Alcoholism (RECO)
Drinking and Driving (ALCO)
Drunk Driving: A Collision Course (18 min) (REFU)
Dual Diagnosis (MH)
Dynamics of a Chemically Dependency Family (FAMI)
Everything's Fine ACOA (16 min) (FAMI)
Falling Back: The Dry Drunk Syndrome (ALCO)
Family Talk About Drinking (FAMI)
Family Sculpturing (28 min.) (FAMI)
Family Trap (30 min.) (FAMI)
From Use to Abuse (ALCO)
Guidelines: Father Martin (ALCO)
If You Loved Me (54 min.) (FAMI)
It Can Happen to Anyone (ALCO)
Life, Death, and Recovery of an Alcoholic (ALCO)
Medical Effects of Alcohol Use (12 min.) (ALCO)
My Name is Bill W. (ALCO)
NOVA Can you stop someone from drinking? FAS/FAE (ALCO)
Sweet Lies- Alcohol and Drug Music Video (ALCO)
Twelve Steps (35 min) (ALCO)
Yeah...But (ALCO)
Without Warning: The Dangers of Alcohol Poisoning & Binge Drinking (15 min) (ALCO)

Cocaine (COCA)

Alcohol & Cocaine 7/87 (ALCO)
Cocaine: Beyond the Looking Glass 7/15/87 (28:17 min.) (COCA)
Cocaine & Human Physiology (COCA)

Codependency (CODE)

To-Dependency Series: (CODE)
-Healing the Family Within (30 min.)

- Pieces of Silence (56 min.)
- Co-Dependency Series: (CODE)
 - The Path to Recovery (21 min.)
 - The What & Why of Co-Dependency (26 min.)
 - Characteristics of Co-Dependents (26 min.)

Driving Under the Influence

- Drinking and Driving (ALCO)
- Drunk Driving: A Collision Course (18 min) (REFU)
- Drunk Driving Simulator (PREV)

Drugs/General (DRUG)

- Alcohol, Drugs, Alternatives 3/85 (ALCO)
- Alcohol and Drug Addiction (ALCO)
- Choices: Drugs and Alcohol...Life or Death (JAIL)
- Downfall: Sports & Drugs (28 min) (DRUG)
- Drugs Don't Work in New Jersey 4/94 (DRUG)
- How to Raise a Drug-Free Child (2 tapes) (DRUG)
- How to Tell if a Kid is on Drugs (15 min) (REFU)
- If you Change Your Mind (DRUG) (2)
- J.R.'s Story: The Disability of Chemical Dependency (DRUG)
- Lookin' Good (52 min.) * (DRUG)
- Medical Aspects of a Mind Altering Drugs (30 min) (ALCO)
- No Kinda Life- A message to young people from the inside (JAIL)
- NOVA-Drugs with Russia (DRUG)
- Sweet Lies- Alcohol and Drug Music Video (ALCO)
- Todd's Story-Teen Drugs (20 min) (FAMI)
- Partnership for a Drug-Free America, Winter 1997 (27 video PSA's & 5 audio PSA's) (DRUG)

Eating Disorders (EAT-D)

- Heavy Load: Addiction to Food (36 min) (EAT-D) Weight Management & Shopping (EAT-D)

Family (FAMI)

- Children of Denial-Claudia Black (FAMI)
- Healing the Family Within- Codependency Series (30 min) (CODE)
- Dynamics of the Chemically Dependent Family (FAMI)
- Enablers (20:50 min.) (FAMI)
- Everything's Fine ACOA (16 min.) (FAMI)
- Family and Peer Factors (PEER)
- Family Talk About Drinking (FAMI)
- Family Sculpturing (28 min.) (FAMI)
- Family Trap (30 min.) (FAMI)
- If You Loved Me (54 min.) (FAMI)
- J.R.'s Story: The Disability of Chemical Dependency (DRUG)
- Straight talk with parents & kids about drugs-Peter Jennings (FAMI)

Family (FAMI)

- Todd 's Story-Teen Drugs (20 min.) (FAMI)
- Diary of a Teenage Smoker (25 min) (SMOKE)

Kathy's Cable Kids (Episode 4, Plainfield Youth Against Alcohol) (FAMI)

Fetal Alcohol Syndrome/Effects (FAS)

NOVA Can you stop someone from drinking? FAS/FAE (ALCO)

Feelings (FEEL)

Feelings (FMS Productions) (FEEL)

Free to be Me-John Powell, S.J. (FEEL)

Heroin (HERO)

Hooked from Hollywood the Main Street: Heroin Addiction (HERO)

Inhalants: An Adult Primer (7:35 min.) (INHA)

Inhalants: The Silent Epidemic * (INHA)

Intervention (INTE)

Intervention (INTE)

Intervention & Recovery - Joe Pursch, MD (INTE)

JAIL (JAIL)

Choices: Drugs and Alcohol...Life or Death (JAIL)

No Kinda Life- A message to young people from the inside (JAIL)

Marijuana

Marijuana & Human Physiology (COCA)

Medical

Alcohol and Human Physiology (COCA)

Alcoholism & the Physician: Operation Cork (4 parts) (ALCO)

Alcoholism: A Treatable Disease (23 min) (ALCO)

Infection Control (AIDS)

Marijuana & Human Physiology (COCA)

Medical Aspects of a Mind Altering Drugs (30 min) (Alco)

Tobacco & Human Physiology (COCA)

What Health Care Professionals and Public Health Officers Must Know About Hepatitis C (MED)

Mental Health (MH)

Depression: 20/20 Segment (MH)

Dual Diagnosis (26 min.) (MH)

Panic Disorder Patients: Real Experiences (MH)

Phobias (Donahue show)(MH)

Phobic Test - Frank Field (MH)

PMS: Take Control Today- NBC News (60 min) (2) (MH)

Methadone (METH)

Methadone: Where We Are (33 min.) * (METH)

Peer Pressure (PEER)

Family and Peer Factors (PEER)

Peer Pressure: When the Heat is On (29 min) (PEER)

Prevention (PREV)

BABESWORLD Program: "Best Talk in Town" (6 min.) (BABE) (2)
 BABESWORLD Productions: (BABE) (1 of each)
 -Lesson 2 "She Made Me do it...Didn't She?"
 -Lesson 3 „Accepting the Things I Cannot Change and Changing the Things I Can"
 -Lesson 4 "Let's Play Party"
 -Lesson 5 "Retreat is Not Defeat and Failure is not Final"
 -Lesson 6 "Wrapping Up"
 Brink's Place (ALCO)
 Prevention WORKS! How to Make it Work in Your Community (PREV) (2) Available in Spanish
 Drunk Driving Simulator (PREV)
 Let's Help Youth Stay Drug Free, Part I. HHS Secretary's Initiative: New Goals, New Resources
 Right Turns Only (PREV)
 Straight at Ya (50 min.) * (PREV)
 Think About It: Be Smart! Don't Start! (13 min) (PREV)
 Kick Butts Day, Campaign for Tobacco-Free Kids (4min) (SMOK)
 "Spit It Out" Don't use Smokeless Tobacco (11 min) (SMOKE)
 Children & Tobacco Rule Implementation (PSA) (2 min) (SMOK)
 "6 Innings...The Little League Report-Special Edition: Spit Tobacco" (12 min) (SMOK)
 "Mr. Butts/Generic" (PSA) .30 min) (SMOK)
 STAY SMART! DON'T START...Using Alcohol or Other Drugs (PREV)
 Love Your Liver (American Liver Foundation's wellness program for K-3 grade) (12 min) (PREV)
 Nick News-Smoking on the Hush Hush (Prev)
 Without Warning: The Dangers of Alcohol Poisoning & Binge Drinking (15 min) (ALCO)

Rape (RAPE)

Rape is Not an Option (RAPE)
 Self Defense for Everyone (end cut) (RAPE)

Research (RESE)

Remotely Science (22 min) (2) (RESE)

Recovery (RECO)

AA- An Inside Look (RECO)
 Alcohol, Pills and Recovery- Joseph Pursh, MD (ALCO)
 Circle of Recovery (RECO)
 Path to Recovery- Codependency Series (CODE)
 Detachment: A Lecture by Father Martin (RECO)
 Disease of Alcoholism (RECO)
 Falling Back: The Dry Drunk Syndrome (ALCO)
 First Lady: A Post-Treatment Recovery Program (RECO)
 Life, Death, and Recovery of an Alcoholic (ALCO)
 Rational Recovery (3 parts) (RECO)
 -Jack Trumpey-Rutgers 5/3/91
 -Ron Reagan Show 9/23/91
 -Good Morning America 3/30/92
 Resolving a Painful Past- Oprah Winfrey (RECO)
 Romance to Recovery - J- Pursch, MD (RECO)
 Twelve Steps (35 min) (ALCO)
 What you don't know can harm you: Straight talk with recovering teens (2) (RECO)

Refusal Skills

Refusal Skills (15 min) (REFU)

Resiliency (RESI)

Resiliency - Stone Mill productions (RESI)

Smoking (SMOK)

Coach's Final Lesson About Smoking (17 min) (SMOK)

Confessions of a Simple Surgeon & 3 Negative Smoking Ads (SMOK)

Death in the West-Stop Smoking LFL Video (SMOK)

A Firsthand Lesson in Secondhand Smoke (10 min.) (SMOK)

Quit Smoking Today (50 min) (23 (SMOK)

Stop the Sale, Prevent the Addiction (26 min.) (SMOK)

Tobacco & Human Physiology (COCA)

Truth About Tobacco (REFU)

A Witch's Brew...Secondhand Smoke in the Workplace (10min) (SMOK)

"Mr. Butts/Generic" (PSA) .30 min) (SMOK)

Journey to Long Life (Smoking Cessation Video 15 min) (SMOK)

**"Me Muero Por Fumar" (30 min) (SMOK)

* Mi Bebe' Fumando? (21 min) (SMOK)

"Dangerous Game" (6 min) (SMOK)

"6 Innings...The Little League Report-Special Edition: Spit Tobacco" (12 min) (SMOK)

A Firsthand Lesson on Secondhand Smoke (10 min) (SMOKE)

"Spit It Out" Don't use Smokeless Tobacco (11 min) (SMOKE)

Children & Tobacco Rule Implementation (PSA) (2 min) (SMOK)

Tobacco: Use or Abuse (16 min) (SMOK)

Kick Butts Day, Campaign for Tobacco-Free Kids (4min) (SMOK)

Diary of a Teenage Smoker (25 min) (SMOKE)

Nick News-Smoking on the Hush Hush (Prev)

Stress (STRE)

Body & Mind, Total Relaxation/Stress Release Prg. (90 min) (STRE)

Treatment (TREA)

Father Martin Ashley Treatment Ctr. (TREA)

How to Sabotage Your Treatment (24 min.) (COCA)

Portland Meadows-Drug & Alcohol Abuse Program (6 min.) (TREA)

Treatment Issues for Women (22 min) (TREA)

Moyers on Addiction (Video Conference 2/26/98) (TREA)

Violence (VIOL)

Broken Toys: The Inner Child -T. Kellogg (VIOL)

Treatment Facilities

The following are located in file cabinet 2:

Addiction Resource Society, Inc.

Substance Abuse Psychiatric

Disorders

Co-Dependency

Eating Disorders

Gambling Addiction

In-Patient

Anon Anew At Tempa & At Boca Raton

Out & In-Patient

Adolescent Programs

Family Programs

Children Programs

Alcohol & Drug Dependency

Aids Resource Center

ACCAP

HIV Home Care

Support Groups

Ashley-Fr. Martin

Alcohol/Drugs

In-Patient

Bay Harbor

Alcoholism

Drug Addiction

Stress Management

In-Patient

Intensive Out-Patient

In-House Detox

CAI - Mt. Kemble

Out-Patient

Chemically dependent persons

Residential treatment & detox

Carrier

Adolescent Addiction

Eating Disorders

Out-Patient

Alcoholism & other addictions

Mood Disorders

Senior Treatment & Evaluation Programs

Dual Diagnosis Programs

CDAPT-Center for Drug & Alcohol Prevention & Treatment - JFK

Drugs

Alcohol

Corning Clinical Lab

Drug Testing

Colonial Hospital

Substance Abuse

In-Patient

Adult/Adolescent (13-18)

Daytop

Residential (ages 13 – 18)

Drug & Alcohol Abuse

Family Resource Center - Elizabeth General Medical Center

Behavioral Health Services - children, adults, families

Four Winds

Adolescent (13-17)

In-Patient

Depression Suicidal

Eating Disorders

Sexual/physical abuse

The Harbor

In-Patient

Out-Patient

Alcohol/Drug Abuse

Hazelden Renewal Center

Chemical dependency

In-Patient

Aftercare Recovery Programs

12-Step Program

High Focus Centers

Alcohol/Drug Abuse

Key Stone Center

Chemically Dependent Persons

Prenatal Dependency

Detoxification

Adult/Adolescents

Lyons - V.A. Medical Center

Trauma

PTSD

Marworth

Alcoholism

Chemical Abuse

Over 18 years old

Residential

Mountain View

Chemically Dependent Adolescents

Residential Treatment

New Beginnings

Detox

In-Patient Adult

Relapse Program

New Hope

Residential & Out-patient

Adults & Adolescents

Alcoholism

Drugs

Gambling

NORWESCAP-Northwest N.J. Community Action Programs, Inc.

Women

National Women's Resource Center

All Issues

Parkside Program

Alcoholic/Substance Abuse

Adult & Youth

Out-Patient

Residential

Hospital Based

Princeton Medical Center

In-patient/Out-patient

Chemically dependent

Alcohol

Detox

Methadone

AIDS Outreach

HIV Testing

Laboratory Urinalysis

Princeton House

Out-patient -(13-18)

Substance Abuse

Mental Health

Seafield Center

Alcoholism

Chemical Dependencies

Sunrise House

Alcohol/drug dependencies

Out-patient

Intensive In-patient

Detox

St. Peter's Medical Center

Nutrition Counseling

St. Claire Medical Center

All Services

Matt Talbot

Drugs/Alcohol abuse

Out-patient

In-patient

TIGS-Teen Institute of the Garden State

Drug free life style

Prevention

Terraces

Sexual assaults by adolescents

Drug/Alcohol abuse

Mental Health-Adolescents

Detox

In-patient

Crisis Intervention

White Deer Run

Adult Drug/Alcohol abuse

Adolescent

Detox

Woodhaven

Alcoholics Adults